Worksheet 4: Conditions of the Nail

FILL IN THE BLANK:

-Nail cancer, also known as ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽ of the nail, has ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽ different types. ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽ is found under the nail, while Subungual originates from the ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽. Nail cancer is identified primarily by a ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽. This dark band has many side effects and can lead to ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, and/or ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽. The only treatment option an advanced foot care nurse can recommend is to ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽.

-Onychocryptosis (aka ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽) can be hereditary, but can also result from other issues. Three other causes include ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, and ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽. The most likely location to find this condition is on the ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽ toe. Aside from the nail growing towards/under surrounding tissue, other signs and symptoms include ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽, and ⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽⎽.

QUESTION & ANSWER:

Questions 1-3 are based on the same scenario.

1. A new client informs you that they stubbed their big toe over the weekend while moving out of their apartment. He complains of pain to the area. What can you suspect the client is suffering from?
2. On further examination, once you have removed the client’s sock, you are able to confirm his condition. What signs and symptoms were you able to identify?
3. What recommendations/means of treatment can you offer for your client?
4. Complete further research on one of the following conditions: peeling nails or vertical ridges in nails. Summarize your article/paper of choice below. Provide links to support your research.
5. An initial assessment at a long term care home reveals a ram’s horn nail. You chart your findings. A few days later you receive a call from the resident’s family. Using your own words, describe to the family member (POA) why this has occurred. Provide information regarding the action that has been taken to treat this condition.

MINI ASSIGNMENT

* Select one of the nail conditions not discussed in this worksheet. Create a PowerPoint presentation and pretend you are going to teach it to a peer. Topics involved in the presentation include causes, signs & symptoms, populations most likely to contract, treatment options, and a case scenario. The case scenario should include a (made up) patient, a completed admission form, what your assessments revealed and how you treated the client. The PowerPoint should be at least 10 slides long & include a reference page.

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|  | Level 1 *(50-59%)* | Level 2 *(60-69%)* | Level 3 *(70-79%)* | Level 4 *(80-100%)* |
| Knowledge:  *Fill in the Blank* | 9 or less fill in the blanks were effectively identified. | 12 or less fill in the blanks were effectively identified. | 15 or less fill in the blanks were effectively identified. | 16-18 fill in the blanks were effectively identified. |
| Thinking:  *Questions 1-5* | The cause, signs & symptoms, and treatment plan for your client were not correctly identified.  Your condition of choice did not provide the correct information and/or used inadequate links to support your research.  The conversation with the POA provided false information and did not elaborate on treatment options. | The cause, signs & symptoms, and treatment plan for your client were identified with difficulty.  Your condition of choice did provide little information and/or used poor links to support your research.  The conversation with the POA provided little information and did not elaborate much on treatment options. | The cause, signs & symptoms, and treatment plan for your client were identified.  Your condition of choice provided the correct information and used adequate links to support your research.  The conversation with the POA provided appropriate information and elaborated on some treatment options. | The cause, signs & symptoms, and treatment plan for your client were identified with detail.  Your condition of choice provided the correct information and used very effective links to support your research.  The conversation with the POA provided information and elaborated greatly on various treatment options. |
| Application:  *Mini Assignment* | 1 or 2 mandatory topics are identified effectively throughout the presentation.  The case scenario provided little to no detail.  Less than 10 slides were provided and no reference slide was present. | 3 of the mandatory topics are identified effectively throughout the presentation.  The case scenario provided some detail.  Less than 10 slides were provided and a reference slide was provided. | All mandatory topics are identified effectively throughout the presentation.  The case scenario provided detail.  A 10 slides were provided and a reference slide was present. | All mandatory topics are identified effectively throughout the presentation with detail.  The case scenario provided detai and displayed a deep understanding of the client and their condition.  10 or more slides were provided and a reference slide was present. |

Knowledge (30%)= ⎽⎽⎽⎽⎽⎽⎽⎽, Thinking (30%)= ⎽⎽⎽⎽⎽⎽⎽⎽, & Application (40%)= ⎽⎽⎽⎽⎽⎽⎽⎽

**Total**= ⎽⎽⎽⎽⎽⎽⎽⎽