

Worksheet 1: New Admission Case Scenario

Case Scenario: Jane Doe calls your clinic to book an appointment for this Thursday. She complains of pain to her greater right toe and reports it has been hurting for some time. Over the phone, she asks you what services your company provides and what your role is at the clinic?

1. In your own words, describe to J.D what services are available at an advanced nursing foot care clinic?
2. What is your scope of practice and how can you use this knowledge to elaborate on your role in the workplace?
3. The client states she has pain to her great right toe. What other terms can you use to describe the name and location of this toe?

It is Thursday and Jane has just arrived for her appointment. The front desk has just given her a set of forms to fill out. The client looks flustered and confused. You identify this and walk over to assist her.

4. What form should Jane have in her hand as a new client?
5. When she glances over the medication list, she asks if multivitamins are worth mentioning. What do you tell her? Also, what other medications/therapies should she consider at this time?

6. J.D is working her way through the “Medical Conditions” section and reads over diabetes. She informs you that her husband has struggled with type 2 diabetes for 5 years and is curious why foot care would be so important for him. What additional information can you give her?

Jane hands her form to you and enters the room. When you review it, you see she is 65 years of age, weighs 105lbs, has arthritis, takes Pentoxifylline (along with 5 other medications) and suffers from ongoing UTIs. The client is approximately 5ft tall, wears glasses, and ambulates using a cane. As you close the door and begin to chat with her, she shares that she used to work in waitressing and enjoys spending her free time walking the local neighborhood.

7. Identify six risk factors this client has and describe how this could affect her feet?
8. Using your knowledge on foot care thus far, can you explore reasons why Jane’s right toe may be in pain?
9. How will J.D and her multiple medications have an affect on her feet?

Your appointment has come to a conclusion. Jane Doe is grateful you were able to care to her feet and looks forward to her next appointment. She would like to bring her husband with her next time and has a few questions for you.

10. J.D's husband has always been embarrassed by his feet. What pointers can you give her to reiterate to her husband the importance of foot care?

11. Jane has become very interested in the world of foot care and would love to participate in further research. What resources (online and otherwise) can you suggest?

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	Level 1 (50-59%)	Level 2 (60-69%)	Level 3 (70-79%)	Level 4 (80-100%)
<p>Knowledge: Questions 1-3</p>	<p>Little to no information is provided regarding the services/scope of practice of a foot care nurse. The scope of practice of a foot care nurse is not identified/ elaborated on. Terminology is not properly utilized throughout the worksheet.</p>	<p>Minimal information is provided regarding the services/scope of practice of a foot care nurse. The scope of practice of a foot care nurse is identified, but no further information is provided. Minimal terminology is utilized throughout the worksheet.</p>	<p>A sufficient amount of information is provided regarding the services/scope of practice of a foot care nurse. The scope of practice of a foot care nurse is identified and some elaboration on the role is provided. Most terminology is utilized properly throughout the worksheet.</p>	<p>Additional information is provided regarding the services/scope of practice of a foot care nurse. The scope of practice of a foot care nurse is identified and elaboration on the role is provided. A high degree of terminology is utilized effectively throughout the worksheet.</p>
<p>Thinking: Questions 4-6</p>	<p>The wrong form was identified for the client. Little to no information/ guidance was provided to J.D.</p>	<p>A form was identified for the client, but no further information was provided. Minimal information/ guidance was provided to J.D.</p>	<p>A form was identified for the client and some further information was provided. Most information/ guidance was correctly provided to J.D.</p>	<p>A form was identified for the client and sufficient information was provided. All appropriate information/ guidance was provided to J.D.</p>
<p>Application: Questions 7-11</p>	<p>2 or less risk factors were effectively identified. Potential causes of J.D's painful toe were incorrectly identified. The potential effects of medication of the feet were not correctly identified. Information regarding the client's husband was not given effectively.</p>	<p>4 or less risk factors were effectively identified. Potential causes of J.D's painful toe were identified with difficulty. Some potential effects of medication of the feet identified. Information regarding the client's husband was given with difficulty.</p>	<p>5 risk factors were effectively identified. Potential causes of J.D's painful toe were identified with some elaboration. The potential effects of medication of the feet were correctly identified. Information regarding the client's husband was given.</p>	<p>6 risk factors were effectively identified. Potential causes of J.D's painful toe were identified with additional information. The potential effects of medication of the feet were correctly identified with detail. Information regarding the client's husband was given effectively with further information.</p>

Knowledge (30%)= _____, Thinking (30%)= _____, & Application (40%)= _____

Total= _____

