

Worksheet 3: Conditions of the Foot

CHART ACTIVITY:

Using point form, fill in the chart below.

Condition	Other Name	Causes	Signs & Symptoms	Treatment Options
Hot Foot Syndrome				
Bunions				
Morton's Toe				

QUESTION & ANSWER:

1. One of your clients is a professional runner. She trains for marathons and spends one hour a day working out. Over the past week, your client has noticed her feet have become itchy and irritated. On further examination, you discover small blisters to her feet. What condition is your client suffering from? Are there any other indications that would point to this conclusion? What course of treatment can you recommend?



RUBRIC

	Level 1 (50-59%)	Level 2 (60-69%)	Level 3 (70-79%)	Level 4 (80-100%)
Knowledge: <i>Chart Activity</i>	6 or less boxes were effectively completed in the chart provided.	8 or less boxes were effectively completed in the chart provided.	12 or less boxes were effectively completed in the chart provided.	All 12 boxes were effectively completed in the chart provided with detail.
Thinking: <i>Questions 1-3</i>	The runner's condition, indications and treatment options are not properly identified. Information regarding callusing is ineffectively identified. Support for the client with odoured feet was not effectively provided.	The runner's condition, indications and treatment options were identified with difficulty. Information regarding callusing was somewhat identified. Support for the client with odoured feet was provided with little to no detail.	The runner's condition, indications and treatment options were identified correctly. Information regarding callusing was identified. Support for the client with odoured feet was provided with some details.	The runner's condition, indications and treatment options were identified with detail. Information regarding callusing was identified with detail. Support for the client with odoured feet was provided with detail.
Application: <i>Create your own Seminar</i>	The causes, signs & symptoms, and treatment options were not identified correctly. A target audience was ineffectively identified. The speech did not act to engage or inform the audience.	The causes, signs & symptoms, and treatment options were identified with difficulty. A target audience was identified with little to no. The speech rarely acted to engage or inform the audience.	The causes, signs & symptoms, and treatment options identified correctly. A target audience was effectively identified. The speech acted to engage or inform the audience.	The causes, signs & symptoms, and treatment options were identified correctly with detail. A target audience was effectively identified with detail. The speech acted to engage or inform the audience throughout the presentation.

Knowledge (30%)= \_\_\_\_\_, Thinking (30%)= \_\_\_\_\_, & Application (40%)= \_\_\_\_\_

**Total= \_\_\_\_\_**