

Foot Care Products List

Please note the suggested quantity to order is provided after each product (i.e. x3). Prices will vary. Therefore, we ask that you follow the links provided to view the manufacturer's most current prices.

QUALITY FOOTCARE PRODUCTS

Contact info: 1-866-833-9352 (toll free) & 1-844-601-6255 (order desk), 519-681-9317 (fax), quality@qfootcare.com (email), <http://www.qfootcare.com/> (website-yearly catalogues can be found here & further information on the products)

- *Chamber Brite*: cleans and descales the chamber reservoir and tubing of most steam autoclaves. CB0010 (10/bx) x1
- *Miltex Instrument Prep Enzyme Foam 24 oz. (0.71 liters)*: ready to use foaming spray for pre-cleaning of soiled instruments, active enzymes work to breakdown blood, mucous and other bio burdens for reduced cleaning time. MIL3-760 x1
- *Spray Lube Pre-mixed*: non-silicone, anti-corrosive lubricant, MIL3-700 (8 fl.oz.) x1
- *Surgical Instrument Cleaner 8 fl.oz*: neutral pH liquid cleaning concentrate makes 32 gallons. MIL3-720 x1
- *Self-Seal Sterilization Pouches*: holding pouches during the sterilization process. 442102 5.25" X 11" 200/bx & 442089 2.25" X 4", 200/bx x3 of each size
- *Economy SporView® Starter Kit*: contains Dry Block Incubator, record notebook, vial crusher and box of 25 Indicators, an in-office Biological Indicator (BI) system certified for use with ALL steam sterilization cycles. SK-116 OR *SporView® Starter Kit Plus*: contains all of the above plus SSI Class 5 integrators for immediate feedback and steam indicator tape to complete your system. SK-115 x1
- *Chemical Integrators STEAMPlus Class 5*: four inch strips with a pass/fail criteria cleared by the FDA as equivalent in performance to a biological indicator, this technology offers the highest level of sterility assurance in the form of a chemical indicator, but does not replace the routine use of a biological indicator. SSI-100 (box of 100) OR SSI-1000 (box of 1000) x1
- *RT-K38 Portable device*: high end version of a dremel (not required, but an option worth considering) with lightweight handpiece Colour may vary. M x1 (note that you can also purchase a dremel instead)
- *Moore's Discs 50/box Garnet Medium 7/8"*: used to reduce callusing to the feet. (buy six - save 10%) x6 to get the deal
- *Mandrel*: utilized to attach sand disks to the dremel. HP#7 ECM001 x12-15
- *Burrs*: used to file the edge of the nail, reduce thickness to the nail and to reshape fungal nails, Barrel 2026005 x12-15 (OR the smaller/equally favored Olive 2026025 \$24.00 x12-15) & Umbrella 2026035 x3-5
- *Blacks File 5" Fine Cut*: tool used to remove debris around/under nail & to smooth side edges of the nail QFC.007.10 x12-15
- *Double Action Nail Nipper, 6" (15.2 cm)*: concave jaws, stainless nippers to reshape and trim the nails MIL40-219 x12-15 (OR see product from CITAGENIX below)

- *Excavator-Packer*: utilized to position nail to cut & to pack cotton into nail corners to prevent future ingrowns from occurring QFC022 x12-15
- *Disposable Dermal Curettes*: to remove hard corns when used with proper training. Packages of 50 MIL33-52 - 2mm x1
- *Sharps Containers*: 1 LITRE container for used curettes A89-1000 x1
- *100 Micro Kleen 3 wipes*: saturated with Micro-Kleen3 solution in a dispenser canister 6.25" x 10" to clean surfaces between clients WF MKW06-100

NU-LIFE MEDICAL AND SURGICAL SUPPLIES

Contact info: 416-630-4848 or 1 888 988 1555 (toll free), 416-630-9002 (fax), nulifemedical@bellnet.ca (email), <https://www.nu-lifemedical.com/> (website)

- *Iodine*: 500ml bottle x1
- *Rubbing alcohol*: 99% 500ml bottle x1
- *Wipes*: multiple options on this website if unable to order with Quality FootCare
- *Gloves*: Aurelia box of 100 gloves x4-5

LEN'S MILLS

Contact info: 519-658-8182 (phone), 519-658-1403 (fax), lensmillstore@bellnet.ca (email), 50grohcambridge@gmail.com (order inquiries), <https://lensmill.com/pages/cambridge> (website)

- *Kit- 5 Hospital Gowns*: precut medical gowns (in need to be sown together) used one per client x3

CANADIAN SHIELD

Contact info: <https://www.canadianshieldppe.ca/> (website), contact via website for order inquiries and media relations

- *The Canadian Shield Reusable PPE Face Shield*: used when at the workplace/in close proximities to clients/coworkers/individuals 2 pack or 5 pack

NEW DIRECTIONS

Contact info: 1-877-255-7692 (toll free), <https://www.newdirectionsaromatics.ca/> (website-visit their contact session to access customer services and sales team)

- *Tea Tree/Melaleuca alternifolia of Australia*: 500mL bottle x1
- *Lavender/Lavandula angustifolia of Bulgaria*: organic pure essential oil utilized when there is an allergy to tea tree oil. 100mL bottle x1

WALMART

Contact info: <https://www.walmart.ca/en> (website) or visit in-store

- *Sunflower oil*: 100% pure 946ml bottle to dilute your lavender and tea tree oil for application to the nails and feet (OR any 100% sunflower oil from any grocery store) x1-2
- *St. Ives lotion*: 600ml bottle to lightly massage the feet (OR order via Amazon) x1-2
- *2 pack collapsable stools*: used for foot care nurse to sit on during care x1
- *Fitted crib sheets*: to protect supplies in foot care cart from nail particles in the air x5
- *Distilled water*: 4L bottle to combine with instrument cleaner & to fill autoclave before completing a sterilization cycle (OR purchase a reusable distilled water jug at your local grocery store or gas station) x5
- *Equate nail polish remover*: 354ml bottles x1
- *Hydrogen Peroxide*: 250ml bottle x1

COSTCO

- *Gloves (SM-XL)*: Box of 300

AMAZON

- *Toolway 187035 Toolbox with wheels*: to transport your tools & supplies x1
- *Dremel 8050-N/18 Micro Rotary Tool Kit*: chargeable tool used with mandrels & burrs to file the nail/foot (OR available at local hardware store) x1-2 (it is preferred to have a backup Dremel on hand incase one is low on battery or malfunctions)
- *Ozonal ointment*: 60g x1
- *Protective eyewear*: select eyewear of choice to protect eyes from flying nail particles
- *3M Disposable Respirators (N95)*: advanced filter, 20 mask set to wear during care x1-5

DOLLAR STORE/DOLLARAMA

- *Cotton balls*: packing ingrown nail bed corners and removing of nail polish x1
- *Small travel containers*: to store oils and lotions for care x2 packages
- *Band-aids* x1
- *Scrub basin*: to soak & clean tools after care/before autoclaving x1
- *Arm and Hammer Puncture proof gloves*: to protect yourself while scrub tools x1
- *Nylon scrub brush*: used to scrub tools after soaking them x1

AUTOCLAVE

High grade medical equipment utilized to sterilize foot care tools between use. When purchasing an autoclave, multiple brands and companies are available. Below I have listed a few options to consider.

- *Veen/Veterinary Equipment Exchange Network*: Contact info (1 800-267-4608 or 613-358-5658 toll free numbers, 613-358-5655 fax)
- *TRH Services*: Contact info (519-219-9488 or 519-893-9488 toll free number, <https://trhservices.ca/> website)

- Chiroprody Podiatry Canada (CPC Healthcare): Contact info (519-686-2723 toll free number, cpc@on.aibn.com email, <https://www.cpchealthcare.on.ca/> website)